



# OUR TOWN

SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES  
IN THE BEAUTIFUL SHETUCKET RIVER VALLEY  
**Information & News for April 2013**

## SAINTS LAWN CARE



*Mowing, Yard Work,  
Brush Cutting,  
Spring and Fall Clean Ups*

*Mike St. Germain*  
280 High Street, P.O. Box 532  
Baltic, CT 06330

Phone: 860-213-1629  
Email: [michaelgermain@sbcglobal.net](mailto:michaelgermain@sbcglobal.net)

## Sprague Garden Club

The club will meet on Wednesday, April 3, 6:30 p.m. at the Senior Center, 1 Main St., Baltic. Please note new time.

Andy Rezeznikiewicz from the Pomfret Audubon Society will present a slideshow of the birds that frequent our area and some that are just occasional visitors along with information concerning the birds and their habitats.

The meeting is free and open to the public. All interested in birding are invited to join us for an interesting evening.

Jan Settje, Secretary

## J.N.S Computer Services

Repairs, Upgrades and Spyware  
& Virus Removal

Joseph N. Sardo ~Owner

Phone: 860-202-4337

Email: [jsardo1@att.net](mailto:jsardo1@att.net)



**DONT BE A  
LITTERBUG**

## **Thank you for Volunteering:**

Many thanks to the following volunteers that have helped collate the newsletter since I've become editor: Diane Fraiter, Selena Calderon, Cristian Calderon, Jasmeen Calderon, Liana Pike,

Pamela Russo, Marisol Melendez, Chelsea Ber-tocki

Thank you your help has been greatly appreciated. If interested in volunteering email Elizabeth @ our-town@ctsprague.org



**FREE DUMP DAY**

**SATURDAY April 27<sup>th</sup>, 2013**

**ALL ACCEPTED ITEMS WILL BE ALLOWED FREE OF CHARGE**

**REGULAR HOURS WILL BE FOLLOWED**



## From the Desk of the First Selectman

We have finally reached spring and it is that time again where the budget will be soon ready for your review. There are a number of difficult choices made these have been presented to both the Board of Selectmen and the Board of Finance.

Through the many road improvements (please forgive us as we have not gotten the required grants necessary for Pautipaug Hill Rd, Sunrise and Grandview our 3 worse roads) we will be able to downsize our public works crew and still maintain our ability to complete snow removal in a timely fashion. There is also an initiative incorporated where we act jointly with the school to cover some purchasing, building maintenance and other necessary work that will result in savings for both the school and the Town.

There is a number of capital projects that will be started over the next few weeks some are Town projects some are State projects, these may result in traffic delays please be patient as we upgrade our sewer lines, replace ribbon rail, and add in more sidewalks, etc...

We are starting to prepare for quite a few events for this summer these will include summer recreation, outside movies, music by the river, etc... We will also have another duck race to support our American Legion (in May), a carnival to support the Norwich VFW along with the Legion and Sayles School (in June). And lastly the library will be hosting a beer and chili event (in June)! If you want to volunteer for any of these events just call the First Selectman's office and let us know.

As always thanks for your support

Cathy Osten

First Selectman

## Sprague Democratic Town Committee Update

**At our March meeting, the DTC met and discussed the upcoming month's events.**

**We are actively looking for anyone younger than 18 interested in joining the young Democrats' council – rides can be provided.**

**This time of the year is of particular focus, as the DTC is seeking candidates to run for elected office this November. Interested persons should take note that the DTC seeks qualified candidates to run for office regardless of their party affiliation, if any. The DTC's nominating sub-committee is currently reviewing positions to be filled. If you are interested in running for elected office, and would like more information,**

**The Sprague DTC encourages new residents to register to vote. Registered voters interested in serving on Town boards or joining the DTC should contact me or DTC secretary Claire Glaude at 860-822-9111.**

**For additional information on the Sprague DTC visit our website @ [SpragueDemocrats.org](http://SpragueDemocrats.org)**

**Catherine Osten**

**DTC Chair**

# Sprague RTC

Hello Sprague Residents...the Sprague RTC is actively seeking candidates for the upcoming 2013 elections, if you want to make a difference in your community and be part of making it a better place to live please consider submitting your name for consideration. Positions are open for all public offices. Please submit all letters of interest to [mwsmith66@yahoo.com](mailto:mwsmith66@yahoo.com) or write to Michael W. Smith 456 Main Street Baltic, CT. 06330.

As always to find out about other interesting events and to hear the RTC point of view uncensored please visit our website at [www.spragueforward.org](http://www.spragueforward.org).

Michael W. Smith  
Chairman  
Sprague RTC

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**Easter Egg Hunt**  
**Saturday April 6th, 2013**  
**11:00AM**  
**River Park**  
**Thousands of eggs will be hidden**  
**Come join us rain or shine**



## Ride the Shetucket River

The Town of Sprague in conjunction with First Light Power Resources will resume the wildly popular Ride the Shetucket events for 2013.

Once monthly, during the warm weather season a scheduled water release from Scotland Dam will take place, allowing a water level high enough to paddle or tube from below Scotland Dam to River Park in Baltic.

The Town of Sprague will provide a free shuttle from River Park and the Scotland Dam. Water release is scheduled for approximately 10:00 am on the days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 1-2 hours depending on water volume.

Dates for 2013 are: April 27th, May 25th, June 29th, July 27th, August 31st, September 28th, and October 12th. Since Ride the Shetucket is weather sensitive even, check the Town website on the Thursday prior to the event for any cancellation postings.

Paddlers need to have PFD's and a distress whistle. [www.ctsprague.org](http://www.ctsprague.org)

Additionally, this year, a full moon night paddle is scheduled for October 18th as part of the Last Green Valley Walktober series. Please consult the LGV Brochure and the Sprague website for details as they become available.

### SEE YOU THERE

Also, Bill Reid, Chief Ranger from the Last Green Valley will be leading a paddle on Sunday, June 2<sup>nd</sup> from the Plains Road launch location in Windham to Sprague River Park. This paddle is part of CT Trails Weekend organized by CT Forest & Park Association.

**EARTH DAY 2013 IS MONDAY, APRIL 22<sup>ND</sup>, 2013**

**THE TOWN OF SPRAGUE WILL BE CELEBRATING EARTH DAY  
SATURDAY APRIL 27<sup>TH</sup>, 2013  
STARTING @ 10AM FINISHING @ 2PM**

**WE ARE LOOKING FOR VOLUNTEERS TO ADOPT A ROAD FOR CLEANUP  
BAGS AND GLOVES WILL BE AVAILABLE AT THE GRIST MILL PARKING LOT**

**PIZZA WILL BE SERVED @ 1PM IN THE GRIST MILL PARKING AREA**

**PLEASE CALL CATHY OR BARBARA @ 860-822-3000 X 201 & LET US KNOW WHAT YOU WOULD LIKE TO DO  
TO HELP OUT**

**THANKS FOR ALL YOU DO!**



## American Legion Post 85

3/5/13

The meeting opened at 7:08 p.m. 10 members attended. The minutes for February 5th were read and accepted. The financial report was not given.

The new blank ammunition has been received. A meeting slated for May 11<sup>th</sup> is being planned for the Color Guard to practice for the Parade. A discussion ensued concerning trading the Springfield Rifles in through the Connecticut National Guard for a newer set.

The Adjutant report that the Memorial Day festivities are going well. Soliciting for the Grand Marshal is in process.

The F. O. stated that a Duck Race was still planned. Tickets for the race and poppy sales will be available at \$5.00 and \$1.00 respectively. The winning gift certificate prize was increased to \$50.00.

The Sergeant at Arms will chair a Spaghetti and Meatball dinner at the Senior Center on May 11<sup>th</sup>. Tickets are \$8.00 for adults and \$5.00 for children. 5:00 and 6:30 p.m. sittings are planned.

The American Legion Post #85 is sad to announce the passing of Milton Lambert. He was a WW II veteran who was wounded in Italy. He will be sadly missed.

The Commander closed the meeting at 8:07 p.m.

Respectfully,

Tom Coletti

## PUBLIC NOTICE:

### **REPAIR OF WATER MAINS AND SANITARY SEWER LINES**

VMS Construction, on behalf of the Town of Sprague WPCA, will be constructing new sewer mains and water mains in the area of the intersection of Main St. and West Main St. (Routes 207 and 97). Additional areas of construction resulting in minor traffic impacts will also occur around Town as part of this project. Construction at Main St. and West Main St. is expected to begin in early April, 2013 and will last for a couple of months. Construction will be active generally between the hours of 7 am and 3:30 pm.

Traffic delays can be expected during construction, but alternating one-lane traffic will be maintained. Residents in the affected area will receive additional notification during the project, especially on days when their driveways or water and sewer service may be disrupted for a short period of time.

If you have any questions or concerns, please contact the Sprague Water & Sewer Authority at 860-822-3000, ext. 225.



**SABIA USTED? DID YOU KNOW? by Ana Lazu**

**SABIA USTED?**

El Ejercito De Salvacion (Salvation Army)

El Servicio del Condado de New London

Dennison Allen Representante, de el Pueblo de Sprague

Yo quiero darles las gracias a todos los que hicieron donaciones por forma de cheques a el Servicio Condado de New London, a el Ejercito de Salvacion (Salvation Army)

Quiero que sepan que todo el dinero que hacido donado hasta a hora hacido usado para ayudar a sus vecinos aqui en Sprague. Gracias a ustedes yo los he podido ayudar a ellos.

Aqui comparto unos consejos. Mantegan sus tanques de aceite llenos, mantegan comida agua ect. disponible en su hogar en caso de mal tiempo. Tiene usted un paquete preparado que le dure 72 horas? Sabe usted como manejar su dinero que entra y sale de su casa.

Si necesita comida llame el Town Hall y hable con alguien, Gracias a Scouting por la donacion de comida que es para ayudar a ustedes.

Que Dios los Bendiga en esta Primavera

**DID YOU KNOW?**

**The Salvation Army**

**Upper New London County Service Unite**

**Dennison Allen Town of Sprague Reprehensive**

The Salvation Army Upper New London County Service Unit

I want to thank all who have donated to the Salvation Army by donated checks to the Upper New London Country Service Unite and sending them PO Box 304 Versailles, CT 06383

You should know that all the money that has been donated so far has been used to help your neighbors here in Sprague. Thanks to you I could help them.

Keep your fuel tanks full and keep food water etc on hand in case of more bad weather. Do you have a 72 hour kit? Do use a budget to know where money comes in and goes?

If you need food call Town Hall and speak to Colette thanks to Scouting for food there is food to help you. May the Lord bless you this spring.

Dennison Allen



**The Friends of the Sprague Public Library  
Are introducing a New Program at the Library**

**We are calling it Memory Keepers  
Memory Keepers is a program for scrap-  
booking.**

**It will be the second Wednesday of each  
month beginning Wednesday March 13<sup>th</sup>.**

**The session will be:**

**3PM to 9PM for a cost of \$10.00 per person.**

**3PM to 6PM for a cost of \$5.00 per person.**

**6PM to 9PM for a cost of \$5.00 per person.**

**Some cutting supplies stickers and paper  
will be available for use.**

**There will also be raffle tickets available for  
prizes.**

**For more information please call the library  
at 860-822-3012**

**REDUCE REUSE RECYCLE**

# **Earth Market 2013**

(Yard sale, Handmade crafts, Local products)

**When: Saturday, April 27, 2013**

(Rain date Sunday 28, 2013)

**Where: Sprague River Park**

North Main Street, Baltic, CT Rt 97

**Time: 8:30am-2:00pm** (For Earth Market)

Plus: **Recycled Animal Art Contest**

Make an Animal from recycled material for Earth Day, bring to River Park by 11:00am, Judging will be at 1:00

**Contest** will have three categories for children with prizes, Grown-ups one category. more info:860 822-9808

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Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_ **Recycled Animal Art show**, donation canned good for "Sprague's Food Bank"

\_\_\_ **\$10.00** donation for spot at Yard sale, Handcraft, Local Produce, to go toward "Sprague Open Space"



## Cover the Heap

In recent years, the Agricultural landscape in Eastern Connecticut has seen an increase in the number of small farms. The Federal Government has numerous programs that provide assistance to larger commercial farm operations, but the small hobby farms often do not qualify for this assistance. But just like the large commercial farms, small farms can reduce the likelihood of contamination of nearby brooks and ponds from animal manure when they know the most effective methods or receive funding assistance to implement on-farm improvements. In 2013, the Eastern Connecticut conservation District will begin a project that focuses on assisting horse farms in New London and Windham counties with manure management. An unmanaged manure pile can cause water pollution by exporting nutrients and fecal bacteria. Generation over 50 lbs. of manure per animal daily, the livestock on small farms have a considerable impact on water quality. The types of activities ECCD can assist with include improved manure storage practices, erosion control, and storm water management.

An example of basic manure management is that manure should not be spread on fields when the fields are flooded, frozen, snow-covered, or when the soil is saturated (typically November through March). During this time period, manure must be stockpiled until weather conditions are favorable for manure spreading. However, when rain pours down on an exposed pile of manure, nitrogen, phosphorus, and bacteria can be washed away and end up in the nearest brook or pond. Acid resistant tarps are an acceptable method for diverting clean water away from manure piles, and thus provide a simple, cost-effective improvement for manure storage on farms with small numbers of horses. (Good Horse Keeping, 2011) ECCD will be providing acid resistant tarps at a reduced price to qualified farm owners to cover manure stockpiles.

If you would like more information, or help with implementing best management practices on your small farm, Please contact the Eastern Connecticut Conservation District at 860-887-4163 x 403.

TVCCA's Senior Nutrition Program is supported by Senior Resources-Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D'Amato, MPH, RD.



## TVCCA SENIOR COMMUNITY CAFE APRIL 2013

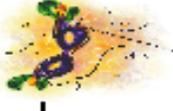
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

1 Stuffed Shells w/ Marinara Broccoli Carrots Peach Cup	2 Chicken Marsala Rice Pilaf Green Beans Pears w/ mandarin oranges	3 Maple Mustard Glazed Ham Mashed Sweet Potatoes Mixed Vegetables Fresh Fruit	4 Cod Florentine Macaroni & Cheese Peas & Carrots Pineapple Cup	5 Western Omelet Roasted Potatoes Chuck Wagon Vegetables Chocolate Chip Cookie Apple Juice 
8 Crispy Fish Cakes Macaroni & Cheese Stewed Tomatoes Fruit Cocktail	9 Tuscan Beef Stew Peas & Carrots Grape Juice Danish	10 Eggplant Rolette Penne w/ Marinara Capri Medley Pears w/ mandarin oranges	11 Cuban Pulled Pork w/ Bun Baked Beans Chuck Wagon Medley Fresh Orange <b>Ethnic Celebration</b>	12 Chicken Cacciatore Rice Pilaf Mixed Vegetables Peach Cup
15 Swedish Meatballs Buttered Noodles Italian Vegetable Medley Pears w/ mandarin oranges	16 Cod Newburg Mashed Potatoes Capri Medley Applesauce Cup	17 Chicken Stew Seasoned Rice Mixed Vegetables Orange Juice Cupcake  <b>Birthday Celebration</b>	18 Cheese Manicotti Broccoli Carrots Peach Cup	19 Braised Pork Loins Sweet Potatoes Bean Medley Fresh Fruit
22 Stuffed Chicken w/ broccoli & cheese Rice Pilaf Mixed Vegetables Grape Juice Oatmeal Cookie	23 Baked Ziti w/ Sweet Chicken Sausage Peas & Carrots Fresh Orange	24 Baked Cod w/ Tomato Garlic Compote Macaroni & Cheese Broccoli Fruit Cocktail	25 Chicken Alfredo Seasoned Rice Bean Medley Applesauce Cup	26 Meat Loaf w/ Gravy Au Gratin Potatoes Capri Medley Pears w/ mandarin oranges
29 Salisbury Steak w/ Gravy Mashed Potatoes Green Beans Fresh Orange	30 Cheeseburger Noodle Casserole Broccoli Carrots Pineapple Cup			

1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice.

## Sprague Public Library Newsletter

### Basket Raffle May 2nd

The Sprague Public Library will be having a basket raffle at the library to raise money for our summer reading program. We are looking for donations of baskets of any kind. We must have the baskets by Monday April 8, 2013. The baskets will be on display in the library from Monday April 8<sup>th</sup> until the drawing Thursday May 2<sup>nd</sup> at 6:00 PM. You do not have to be present to win. Tickets will be 3 for \$1.00 or \$5.00 for an arm's length.



### Beer Tasting and Chili Cook-off

The library will be having a beer tasting and chili cook-off on Saturday June 22 from 6-9PM under the tent at the library. If you brew your own beer and would like to participate in the beer tasting, or if you would like to enter your chili in the contest call the library for details at 860-822-3012.

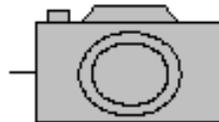
### Reading, Reception, and Book Signing at the Sprague Historical Society Museum

You are invited to the launch of the latest novel Jenny's Way by Diana Perkins. This event will be held at the museum Saturday April 6<sup>th</sup> from 4 to 7PM with a reception following in the community room on the second floor. Wine, juice, and hors d'oeuvres will be served.

This book is the second in Diana's Shetucket River Milltown Series and takes place in Baltic, Ct. Please join us for an enjoyable evening!

### Snapshot Day at the library!

#### Saturday April 13



Snapshot Day is a picture of a typical day at the library. It is celebrated nationwide at most public libraries.

There will be Wii games for kids from 10AM to 12PM, knitting club will be knitting from 11:00-1:00PM and then join us for a special program at 1:00PM for young children with special guest author and musician

Stan Munslow. Mr. Munslow will read two of his latest children's books and will also play his guitar and sing with the children.

### Any of your questions can be answered by stopping at the library

or simply call us at 860-822-3012



Please join us for these very exciting programs!





**BUS SCHEDULE FROM SPRAGUE TO OCCUM**

<u>Points of Departure to Occum</u>	<u>Time</u>		
Shetucket Village	7:45am	9:45am	11:45am
Playground Brookside & High Street	7:48am	9:48am	11:48am
TJ's Parking Lot	7:50am	9:50am	11:50am
Arrive Occum- SEAT Connection Site Red McKeon Park, Hooper St. & Rte. 97	8:10am	10:10am	12:10am

<u>Points of Departure to Sprague</u>	<u>Time</u>		
Red McKeon Park, Hooper St. & Rte. 97 (stop as needed for return trip)	8:15am	10:15am	12:15pm
Express Return to Senior Center	2:15pm		

Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. *The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit [www.seatbus.com](http://www.seatbus.com).*

Winter Weather Schedule: The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.

**VNA East**

34 LEDGEBROOK DRIVE, MANSFIELD CENTER, CT 06250

PH: 860-456-7288

FAX: 860-456-4267

VNA East will hold the following clinics:

**Blood Pressure Screenings:**

Tues	Apr	16	Lebanon Senior Center	12:30 - 1:30 pm
Wed	Apr	17	Scotland Town Hall	12:30 - 1:00 pm
Tues	Apr	23	Franklin Senior Center	10:30 - 11:30 am
Tues	Apr	23	Sprague Town Hall	11:45 - 12:45 pm



# April



# 2013

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 Inland Wetlands: 7pm, Town Hall  Zoning Board of Appeals, 7pm Town Hall	2 American Legion 7pm, Rod & Gun	3 Brd of Ed 7pm, Sayles  Knights of Columbus 7pm, Fire Hse.  P&Z Comm. 7pm, Town Hall	4	5	6 Breakfast 6:30am-10am Versailles Methodist Church  Easter Egg Hunt 11am, River Park  Book Signing 4pm, Grist Mill
7	8 Agriculture Comm. 7pm, Town Hall  Conservation Comm. Mtg., 7pm, Town Hall	9 Library Bd Mtg 6:30pm Grist Mill	10 Selectmen Mtg 5pm, Town Hall	11	12	13
14	15 Deadline for all OUR TOWN submissions:	16	17 Water & Sewer Auth., 4pm, Town Hall	18 Board of Finance, 7pm Town Hall	19	20
21	22	23 Historical Society 6:30pm Grist Mill	24	25 Reg. Animal Control Mtg 10:30 am Franklin Town Hall  Rec. Comm. 7pm, Town Hall	26	27 Ride the Shetucket, 10am River Park  Earth Day Cleanup 10am-2pm
28	29	30				



# Our Town

Your Sprague Newsletter  
P.O. Box 677  
Baltic, Connecticut 06330

PRSR STD  
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## ***Note from the Editor: Elizabeth Calderon***

**Deadline for Our Town submissions is the 15th of each month.** Submissions will be no more than 200 words and may be e-mailed to [OurTown@ctsprague.org](mailto:OurTown@ctsprague.org). No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: **Business Card \$21; Double Business Card \$40; Half Page \$70; Full Page \$100- - Purchase 11 months and receive the 12<sup>th</sup> month free.** Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.

