



OUR TOWN

SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES

IN THE BEAUTIFUL SHETUCKET RIVER VALLEY

Information & News for June 2014

On **July 12**, Grace Fellowship Church will host the 2nd Annual **Family Fest at River Park from 1:30pm until 8pm** (or so). There will be live music throughout the day, a **bounce house and face painting** for the children, and **hot dogs and hamburgers and cold drinks**. Come on down and have a good time with your friends and neighbors. **As always-no admission.**



Versailles United Methodist Church Breakfast

Join us for breakfast!

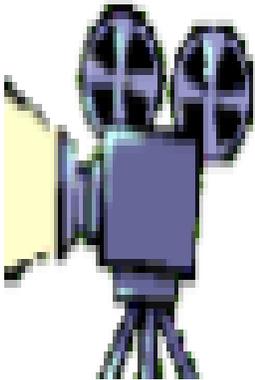
June 7th from 6:30-10am
\$6 per person



*Pancakes ~ Eggs ~ Sausage
Home Fries ~ Coffee, Tea & Juice*

OUTSIDE MOVIES

will be held at the RIVER PARK
ACTIVITIES STARTING at 7:00pm
MOVIE STARTING @ DUSK



First showing will be Friday, June 27, 2014
List of movies playing this summer will be available soon!

PROVIDED BY THE RECREATION COMMITTEE

Newsletter Deadline:

There will be no late submissions accepted for the Our Town. **As a reminder, the Our Town deadline is the 15th of every month.** The newsletter will be collated during the last weekend of every month at the Town Hall. Contact Elizabeth for details. **If interested in volunteering email Elizabeth @**

Spragueourtownnewsletter @gmail.com

From the Desk of the First Selectman

The Board of Finance is revising the budget and cutting back in a variety of areas. It will be ready for you to vote on in early June. If you have certain areas of concern please either attend a meeting or put it in writing, it will be forwarded to the Board of Finance for their review.

Your patience is appreciated as construction is ongoing all around Town. There is work being completed at the Town Garage. We are working on Elm and Maple Street funded with a Community Development Block Grant (this will be completed by the first week in June). This project will result in temporary road closures. The bridge near Dimitri's is being replaced with the work being funded by the State. This project will result in a traffic pattern change to hopefully accommodate an earlier than planned completion.

We are appreciative that we received a STEAP (small town economic assistance program) grant to work on Pautipaug Hill Road. The Board of Finance authorized an additional appropriation of \$400,000 which if approved by the Town will allow us to finish 2/3rds of the road. Plans will be put out to bid in June. I know those who live in this area will be most appreciative!

Don't forget to sign up for the summer recreation program, or stop by any of our outside events from by the river concerts, to outside movies, to informational hikes on the preserve, there is always something going on!

As always thanks for your support.

Cathy Osten ~ First Selectman



The revised **Town Budget** is slated for a vote on **Tuesday, June 10th** from **6am to 8pm.**

Voting will happen at the
Baltic Fire Department.



May 6, 2014 American Legion Minutes

At 7:00 PM the CDR opened the meeting. 10 members were in attendance. 6 of the 7 officers were present. There was an official quorum. The April 1, 2014 minutes were read. There was no Treasurer's report.

The CDR recognized three visitors. SRGC President Erv Doubleday, Boy's State candidate Russell Crumley, and District CDR Alan Iott. Erv Doubleday explained the details for upcoming Poker Run. Boy's State candidate Russell Crumley thanked the Post for their sponsorship. District CDR Alan Iott thanked the Post for a great turnout and hospitality at the District meeting. The CDR read various communications. The CDR explained The National Emergency Relief Fund. He stated the Memorial Day festivities were on schedule and the Grand Marshall was Edgar Daigneault. It was also noted that Legionnaire Al Girard had been sick. The CDR postponed the 99 year lease matter until the next meeting. Under new business, a plan for a spaghetti and meatball supper was underway. The CDR opened the floor to officer nominations.

CDR – Don Bastien, Sr. Vice CDR – Fred Zinavage, Jr. Vice CDR – Dave Salemma, Adjutant – Tim Brodeur, Financial Officer – Tom Coletti, Sergeant at Arms – Andy Trudelle, Chaplain – Joe Osowski

A discussion was held to possibly change the meeting to the last Tuesday in the month. With no further business, the CDR closed the meeting at 8:30 p.m. with a salute to the colors and the Chaplain said a closing prayer.

Respectfully,

Tom Coletti ~ Adjutant

Don Bastien ~ Commander

Legal Notice

The Town of Sprague is soliciting proposals for the development and/or operation of School Readiness programs or contracted spaces for three and four year old children who are town residents and programs or services for the quality enhancement of the early care and education system in Sprague. Proposals are being solicited pursuant to Sec. 10-16o. – 10-16r and Sec. 10-16t. – 10-16u. CGS and amendments under PA 99-230, the School Readiness and Child Day Care Grant Program. CGS Sec. 17b-749c, Quality Enhancement Grant Program. Programs and/or services are from July 1, 2014 – June 30, 2015.

To obtain a copy of either Request for Proposal, contact Debra Hawks or Carolyn Baker-Reck, at Sayles School, 25 Scotland Road, Baltic, CT 06330. Proposals for programs must be received by mail or in person at Sayles School no later than 4:00 p.m. on June 30, 2014.



UNDER CONSTRUCTION

West Main St (207), and the Lower Section of High St.

The Little Bridge near Dimitri’s Pizza will be UNDER CONSTRUCTION. The work is slated to start May 1st and be completed in 2015. We will be changing the traffic pattern on the lower section of High Street. It will still be one way but it will travel from 207 towards Brookside.

PLEASE BE PATIENT WHILE WE WORK TO IMPROVE YOUR NEIGHBORHOOD AND THE SAFETY OF THE BRIDGE.

ELM, ELM EXTENSION, MAPLE AND 1 SECTION OF RIVER STREET

YOUR ROAD, WHICH WAS LAST REPAIRED IN 1986, IS UNDER CONSTRUCTION. THE WORK IS SLATED FOR COMPLETION BY THE END OF JUNE 2014. PLEASE BE PATIENT WHILE WE WORK TO IMPROVE YOUR NEIGHBORHOOD. Thank you.

Catherine Osten ~ First Selectman

~SPRAGUE COMMUNITY CENTER (SCC) NEWS~

SCC in partnership with Backus Hospital conducted a Family Health Expo on May 3, 2014 from 10:00 a.m. to 2:00 p.m. We had many booths on healthy living for families, which included free bike helmets, healthy snacks, blood pressure screening, cholesterol and glucose screening, bone density and dental screening, "Smoking Stinks," medication safety, representatives from Safe Futures, Madonna Place, and SERC. In addition, we had a vegetable planting booth where attendees planted vegetable seeds, and the Baltic Fire Department had a CPR and First Aid booth and several Baltic Firefighter operated the "Smokehouse," where attendees could practice getting out of their house in case of fire. Many thanks to all of the people who made this day a success. We had over 100 attendees and enjoyed a great day learning how to be more healthy and safe. Special thanks to Backus Hospital for their sponsorship, their many staff in attendance, and the presence of the Backus Health Van and the Care Van. A wonderful cooperative partnership!



Backus Health Van



Backus Care Van



"Smokehouse" Operated by the Baltic Fire Dept.

Our SCC facilities continue to be available for rent for outside events. Please call 860-822-6595 for details.

We also have Pecans from Georgia and Streak-Less Cloths available for sale for our fundraiser to help us with operational costs. If interested please call SCC.

Our "Food Friday" food distribution program is held every Friday from 2:00-3:00 p.m. Please call SCC for registration details.

Enjoy the beautiful signs of spring!

Sincerely,

Brenda J. Keefe ~ Outreach Coordinator



**BALTIC FIRE DEPARTMENT
LADIES AUXILIARY
P. O. BOX 591 ~ BALTIC, CT 06330-0591**

Our first meeting of the new year was held on Tuesday, April 8, at the firehouse. It was great to get together once again.

Members discussed the financial report from the 2013 Holly Jolly Bazaar and also the overall financial report for 2013. It was a good year once again – thanks to all the support we receive from those that support us. The Auxiliary will not be actively participating in marching in the annual Memorial Day Parade on Monday, May 26, but a few of us will be present at the firehouse to serve refreshments following the parade. Let’s hope for a nice sunny day for this annual event. Our next regular meeting is scheduled for Tuesday, June 10, 2014, at the firehouse at 7 p.m.

Please remember that anyone interested in joining the Auxiliary is welcome. We are always looking for new members and new ideas for fundraising. You need not be a Sprague resident or have a spouse or family member in the Fire Department to join the Auxiliary as a regular member. We have recently added Junior Members – young women between the ages of 16 and 18 who have a parent or guardian in the fire department or auxiliary.

Sincerely,

Jeannette Deschamps, Secretary

Miscellaneous:

NOTE FROM EDITOR:

I AM LOOKING TO ADD THIS MISCELLANEOUS CATEGORY EVERY MONTH AS A HALF PAGE... ENTRIES LIMITED TO “1 LINE” FOR SALE, FOR SWAP, YARD SALES, HELP WANTED, HELP NEEDED, ETC. DEADLINE IS STILL THE 15TH OF EVERY MONTH.

Email submissions to:

Spragueourtownnewsletter@gmail.com

Questionnaire

Uncas Health District has asked the Board of Selectmen to respond to them on a consideration concerning the below 2 questions.

Please return your response to the Board of Selectmen C/O Town of Sprague, 1 Main Street, Baltic, Ct 06330.

Should the Town of Sprague have smoke free recreation areas?

Should the Town of Sprague have smoke free parks?

Open positions as of 5/1/2014

Zoning Board of Appeals one alternate members	Recreation Committee Unlimited numbers allowed
Board of Assessment Appeals One regular member	Inland Wetlands One regular member Two alternate member
Economic Development Commission 5 regular members	Baltic Mills Committee Unlimited numbers allowed

SPRAGUE HISTORICAL SOCIETY

The Sprague Historical Society Museum is opened to the public on:

Tuesday & Thursday - 4:30 – 7:00
Wednesday & Saturday - 10:00 – 1:00
Also by appointment

Come see our pictures and displays. Our most recent addition is pictures and videos of the effect in town that the heavy rainstorm on March 30th caused.

If anyone has any pictures or items from past days that they would like to donate or loan, it would be greatly appreciated. Pictures and articles can be scanned and returned.

New members are welcome. Our meetings are the fourth Tuesday of the month at 6:30 except for the months of July, August and December.

We can be reached at:
860-822-6867 or historicalsociety@ctsprague.org



RIVER PARK MUSIC NIGHTS

Sponsored by the Mohegan Sun

Come join us for a relaxing night by the beautiful
Shetucket River

Saturday nights 6:00pm - 8:30pm

Kick Off Concert will be held at the Library Beer and Chili Fest!

will be at the Library

June 28th , 2014

6pm-8:30pm



Dog Licensing

June is Dog Licensing month. All dogs are required, by law, to be licensed by the time they are six months of age. An annual license is in effect for one year - July 1st through June 30th. When licensing your dog for the first time you must provide proof of an up-to-date rabies vaccination and a veterinary certificate if your dog is spayed or neutered.

Licensing fees are as follows:

Spayed or neutered dog: **\$8.00**

Non-spayed or non-neutered

dogs: **\$19.00**

Guide dogs: **FREE**

Late fee: **\$1.00** per month starting July 1st

Please stop by the Town Hall Mon. - Thurs. 8 am - 4:30 pm, Wed. till 5:30 pm or mail your renewal.

Mailing a renewal:

If during the past year your dog has been either spayed or neutered or a rabies vaccination was given by a vet, mail copies of these services with a check. The papers will be returned to you along with a new tag.

Enclose a self-addressed stamped envelope.

Mail to: Town Clerk, PO Box 162, Baltic, CT 06330

Benefit for Baby Alex

Benefit for Alex Avery

June 27, 2014

5:30 pm

Moose Lodge

Bozrah, CT



Spaghetti Dinner

Dancing

Basket Raffle

\$20.00 per person

For Tickets:

Pam Avery—860-204-1073

Bill Avery—860-204-1071

Jen Synnett—860-822-3000 Ext. 220



**FREE MULCH AVAILABLE
AT THE TRANSFER STATION**

**YOUR BRUSH AND SCCRRA'S TUB GRINDER
WORKING TOGETHER ALLOW US TO
PROVIDE THIS PRODUCT**

AVAILABLE DURING REGULAR HOURS

HAPPY GARDENING!

**The SCCRRA's tub grinder has completed
grinding the brush and is ready for your
equipment to pick up fresh mulch.**

S.P.A.R.C.

SPRAGUE PARK & RECREATION COMMITTEE

SUMMER RECREATION PROGRAM

WHEN: Monday, JULY 7th- Thursday, JULY 31st

9AM-2PM (IF EATING BREAKFAST 8:45 AM)

WHERE: Saint Michael's Gym

COST: \$80 PER CHILD (TOWN RESIDENTS-FAMILY CAP \$160)

\$100 PER CHILD (NON-RESIDENTS- FAMILY CAP \$200)

SPORTS, GAMES & CRAFTS

AGES 5-14

BRING WATER BOTTLES & SNACK (BREAKFAST AND LUNCH WILL BE PROVIDED)

BREAKFAST WILL BE SERVED FROM 8:45-9:15

ALL CHILDREN MUST WEAR SNEAKERS

PUT SUNSCREEN ON YOUR CHILD BEFORE THEY COME AS WE WILL BE OUTDOORS

ALL MEDICAL FORMS AND REGISTRATIONS AND PAYMENT MUST BE TURNED IN BY JUNE 26th, 2014

**IF YOUR CHILD NEEDS AN INHALER OR TAKES MEDICINE THEY MUST BRING IT WITH THEM AND BE
ABLE TO TAKE IT ON THEIR OWN**

REGISTRATION & MEDICAL FORMS AVAILABLE AT TOWN HALL AND ONLINE

*(GRANTS AVAILABLE FOR THOSE IN NEED)

CONTACT ELIZABETH CALDERON (860)204-6286

SUMMER RECREATION PROGRAM

WHEN: MONDAY, JULY 7th - THURSDAY, JULY 31st

9AM-2PM

WHERE: St Michael's Center

Child's Name _____ AGE _____

Address _____

Parent's Name(s) _____

Phone Number (Home): _____ (Cell): _____

Email Address _____

Name of Emergency Contact 1: _____

Phone _____ Cell _____

Name of Emergency Contact 2: _____

Phone _____ Cell _____

Medical Information:

Please list any allergies, medical conditions, concerns, and/or medication taken on a regular basis:

Child's Physician: _____ Phone: _____

Medical Insurance Co. _____ Policy Number _____

Camp Info:

My child will be (circle one):

Picked up by: (name) _____ -OR- Will walk home

****Children must be picked up promptly at 2pm.**

*****Any child that is disruptive to the program will be asked to leave.**

Reminders:

AGES 5-14

BRING WATER BOTTLES & LUNCH (BREAKFAST & LUNCH PROVIDED)

ALL CHILDREN MUST WEAR SNEAKERS

PUT SUNSCREEN ON YOUR CHILD BEFORE THEY COME AS WE WILL BE OUTDOORS

ALL WAIVER AND REGISTRATION FORMS AND CAMP PAYMENT MUST BE TURNED IN BY JUNE 26th,

2014 CARE OF TREASURER SPRAGUE TOWN HALL, 1 MAIN STREET, BALTIC, CT 06330

IF YOUR CHILD NEEDS AN INHALER OR TAKES MEDICINE THEY MUST BRING IT WITH THEM AND BE ABLE TO TAKE IT ON THEIR OWN



**OUR TOWN
BUSINESS PAGE:**



*Looking for NEW faces to add to
my
Make Me Over
Before and After Portfolio...
Call to make an appointment
(860)204-6286
Make up—Skin care—Eye brows
Try new products and try a new
look at no cost.
Call for details.*

For those of you who don't know.. SPITALE INSURANCE may be a small independent agency but I am a member of the largest Alliance of Independent Agents in the entire NE.. Together there are 325 agencies across 8 states- writing over \$510 million in annualized premium- I have access to a wide array of markets..... April 23rd, my agency was awarded a plaque for being a part of this amazing group for the past 5 years. With this association combined with my 20 yrs I have in the Insurance Industry, I have a lot to offer my community- SPITALE INSURANCE writes ALL Lines of Insurance- Auto, Home, Life, Boats, Cycles, Business, Workers comp, Bonds & more... Please support this local Sprague business- call for a quote today (860) 822-0818 or visit our webpage www.SpitaleInsurance.com or you can visit us on facebook too! Have a wonderful day :)

SAINTS LAWN

CARE

*Mowing, Yard Work,
Brush Cutting,
Spring and Fall Clean Ups*



Mike St. Germain

280 High Street, P.O. Box 532,
Baltic, CT 06330
Phone: 860-213-1629

Email:

michaelgermain@sbcglobal.net

Ads must be pre-purchased at rates of: Business Card \$21; Double Business Card \$40; Half Page \$70; Full Page \$100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk's Office at Town Hall. All payments must be made prior to the submission deadline. All ads must be emailed to the editor by the 15th of the month @ Spragueourtownnewsletter@gmail.com

**Congratulations to
JAEDEN CHRISTOPHER & THE CLASS OF 2014
Best Wishes to You All!**



AUTO - CYCLE - WATERCRAFT - HOME



860.822.0818

www.spitaleinsurance.com

LIFE - MEDICAL - DISABILITY - BUSINESS



Congrats to Jaeden & Juliette , may you both embrace this amazing opportunity in Italy!!

For immediate release

Contact:

Catherine Osten (860) 822-3000

Kevin Maloney (203) 710-3486

Gina Calabro (203) 498-3041(w) or (203) 640-6180(c)

Sprague signs up for new, free Prescription Drug Discount Program offered by the Connecticut Conference of Municipalities

for residents of its member towns and cities

The Town of Sprague, through its association with the Connecticut Conference of Municipalities (CCM), the statewide association of towns and cities, is now providing a prescription discount card that will provide uninsured and underinsured resident's savings on prescription medicines.

Sprague is a member of CCM and this program is only available to CCM member-communities. One hundred and fifteen municipalities have joined this program and saved CT residents over \$3.8 million dollars in prescription costs.

In Connecticut, over 800,000 residents lack prescription plans, have very high deductibles or have restrictions on Medicare reimbursements, like the "donut-hole."

The "Town of Sprague Prescription Drug Discount Card" helps residents save money on their prescription medications any time their prescription is not covered by insurance. This new prescription discount card will provide immediate fiscal relief at the pharmacy counter for residents and offers the following features and benefits:

- Anyone can participate regardless of age or income – there are no forms to fill out;
- There is no cost to the municipality or to participating residents;
- All prescription medications are covered including pet prescriptions that are human-based and can be filled at a pharmacy;
- Cost savings are on brand name and generics medications. Generic prescriptions do offer the highest savings;
- There are over 63,000 participating pharmacies nationwide, including CVS, Rite-Aid, Walgreens, Wal-Mart, Stop and Shop, and Big Y, and many local pharmacies;
- Discounts are also offered on other medical services including vision, hearing and Lasik services.

"This issue – and CCM's solution -- impacts residents across Sprague," said Cathy Osten, First Selectman in Sprague. "We can now easily ensure that our residents have access to better prescription coverage."

"CCM is pleased to offer this valuable community service to the town of Sprague," said CCM Director of Member Services and Marketing, Gina Calabro. "This program will help residents save money on their medications if they don't have prescription insurance, and also if their current prescription program doesn't cover certain drugs."

Each residence in Sprague will receive a "Town of Sprague Prescription Discount Card" by direct mail which they may use at any participating retail pharmacy. Cards may be used by all city residents regardless of age, income or existing health coverage. There are no enrollment forms, membership fees, restrictions or limits on frequency of use for residents. Cardholders and their family members are encouraged to use the cards any time their prescriptions are not covered by insurance.

Cards can also be printed by visiting www.CTRxDiscountCard.com after the cards have mailed and by selecting Town of Sprague from the drop-down menu. The website also contains a "Learn the Perks of the Card" where a resident can locate a participating pharmacy, comparison shop their medication, and find the information on the discounts that are also available on vision, hearing and LASIK services.

Sprague Public Library

June News

DO YOU LIKE BEER AND CHILI?



**IF YOU DO, PLEASE JOIN US ON
SATURDAY JUNE 28TH 5:30-
9:00PM IN THE GARDEN AT THE
GRIST MILL FOR MUSIC, CRAFT
TABLES, AND SOME VERY
DELICIOUS HOME BREWED BEER
AND HOME MADE CHILI!!**

**TICKETS ARE \$10.00 PER
PERSON**

AVAILABLE AT THE LIBRARY

**COME JOIN US AS WE SIT BY THE
RIVER, RELAX, AND ENJOY!!**

**DON'T FORGET OUR REGULAR PROGRAMS:
KNITTING, AFTERNOON DELIGHT BOOK
CLUB, FICTION ADDICTION BOOK CLUB
AND STORY HOUR ON THURSDAYS**

REGISTER FOR SUMMER READING

**ON WEDNESDAY JUNE 25 AT
THE LIBRARY AT 11:00AM, AND**



**ENJOY OUR PROGRAM
THE LOBSTERMAN**

**HE WILL HAVE HIS LOBSTER
TRAPS AND LOBSTERS TO
SHOW US.**

**VISIT THE LIBRARY FOUR
TIMES DURING THE SUMMER
AND CHECK OUT AT LEAST
ONE BOOK EACH TIME TO
QUALIFY FOR THE PIZZA
LUNCH AND MAKE YOUR OWN
SUNDAE PARTY!**

**THE CONNECTICUT AUTHOR
TRAIL BEGINS ON TUESDAY
JULY 8, 2014 AT THE JANET
CARLSON CALVERT LIBRARY
IN FRANKLIN. JOIN US FOR A
SPECIAL EVENING AS WE KICK
OFF THE 6TH SEASON OF THE
CONNECTICUT AUTHOR TRAIL
WITH BEST SELLING
CONNECTICUT AUTHOR
WALLY LAMB!!!**

AND HIS NEW BOOK

"WE ARE WATER"

PLEASE JOIN US

RIVER PARK MUSIC NIGHTS



SPONSORED BY THE MOHEGAN SUN

**Come Join Us For A Relaxing Night By
The Beautiful Shetucket River for
Family Fun
Saturday Nights 6:00pm - 8:30pm**

June 28th	Silver Hammer
July 5th	not yet confirmed
July 12th	Madison Red
July 19th	Rockin' Robin
July 26th	Gypsy Time Surf and Friends
August 2nd	not yet confirmed
August 9th	Gypsy Time Surf and Friends
August 16th	not yet confirmed
August 23rd	Stone Creek
August 30th	Glenn Hansen Orchestra
September 6th	not yet confirmed

HOPE TO SEE YOU ALL THERE!



Ride the Shetucket River

The Town of Sprague will provide a free shuttle between River Park and Scotland Dam.

Water release is scheduled for 10:00 am on days of the event. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as water level allows. The ride is 4 miles long and takes approximately 2 hours.

June 28th
July 26th
August 30th
September 27th
October 11th

Since Ride the Shetucket is weather sensitive, check the Town website on the Thursday prior to the event for any cancellation postings.

Paddlers need to have PFD's and a distress whistle.

www.ctsprague.org

Sprague Garden Club

Thank you to everyone who was adventurous enough to come out to our sale. It is always wonderful to see you. Thank you to Cathy and the town crew for readying the garage for the sale.

I enjoyed seeing all the daffodils while driving around town getting the planters ready for our members to put in the summer flowers. Noticed to, a nice new driveway and parking area at the Baltic Reservoir on Baltic Hanover Road, a safer area to park while we walk.

June is the end of the Garden Club year. We will resume meetings Wednesday, September 3, 6:30 p.m. at the Senior Center. Our meetings are usually the first Wednesday of each month. There are no meetings in January and February. If you are interested in joining the club, please come to a meeting or call me at 860-822-6520. It's a fun way to meet new people or old friends.

Happy Planting to you, Jan Settje

TUTORING

*Enrichment or Remedial

*All Elementary Subjects,

Most High School,

Many College

*Independent Studies

*French Foreign Language

*Certified Teacher

*15+ Years Tutoring

Experience

Call Rebecca Reyer

822-1643



Then followed that beautiful season... Summer...

Filled was the air with a dreamy and magical light: and the landscape

Lay as if new created in all the freshness of childhood.

~Henry Wadsworth Longfellow



Old and Tattered American Flags Wanted

The Sprague Town Hall is collecting old and/or tattered American Flags to be disposed of properly by the American Legion.

Please bring them into the Town Hall no later than June 19, 2014.



\$50 OFF

*Any Seal
Coating Job*

- Licensed and Insured
- Free Estimates
- Locally Owned
- Owner Operators

\$100 OFF

*Any
Driveway
Installation*

**HASTEDT
BROS. LLC**

ASPHALT PAVING

860.848.0545

Baltic CT

ANDY'S CELL: 860.234.3541 JOE'S CELL: 860.234.3543

Email: estimates@hastedtbrothers.com

Web: www.hastedtbrothers.com

**DRIVEWAYS * PARKING LOTS * GRADING * CRUSHED STONE * OIL AND STONE
DRIVEWAYS * ALL TYPES OF DRAINAGE WORK * APRONS * CURBING *
LINE STRIPING * SEAL COATING * CRACK FILLING**

TVCCA's Senior Nutrition Program is supported by Senior Resources Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D'Arraño, MPH, RD.



TVCCA CAFE MENU JUNE 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Cheese Manicotti w/ Marinara Broccoli Wax Beans Pineapple Cup</p>	<p>3 Salsbury Steak w/ Gravy Mashed Potatoes Peas & Carrots Grape Juice Sugar Cookie</p>	<p>4 Chicken Cacciatore Rice Pilaf Green Beans <u>or Egg Salad Platter</u> Fresh Fruit</p>	<p>5 Codi Florentine Macaroni & Cheese Stewed Tomatoes Fruit Cocktail</p>	<p>6 Baked Ziti w/ Chicken Sausage Carrots & Broccoli <u>or Chicken Cobb Salad</u> Peach Cup</p>
<p>9 Swedish Meatballs Buttered Noodles Italian Vegetables Peas w/ mandarin oranges</p> 	<p>10 Pineapple Glazed Ham Sweet Potatoes Mixed Vegetables Pineapple Cup</p>	<p>11 Beef Stroganoff Buttered Noodles Chuck Wagon Medley <u>or Chicken Caesar Salad</u> Cupcake & Grape Juice Birthday Celebration</p>	<p>12 Cheese Omelet Roasted Potatoes Chuck Wagon Vegetable Medley Applesauce Cup</p> 	<p>13 Chicken Supreme Seasoned Rice Green Beans & Red Peppers <u>or Tuna Salad Platter</u> Fresh Orange</p>
<p>16 Crispy Cod Patty Mashed Potatoes Stewed Tomatoes Fruit Cocktail</p> 	<p>17 Alfredo Pesto Cream Chicken Seasoned Rice Green Beans w/Diced Tomatoes Fresh Orange</p>	<p>18 Eggplant Rolette Penne w/ Marinara Italian Vegetable Medley <u>or Tuna Salad Platter</u> Pineapple Cup</p> 	<p>19 Cheesburger Noodle Casserole Wax Beans Carrots Peas w/ mandarin oranges</p>	<p>20 Cuban Braised Pork Loin Scalloped Potatoes Capri Vegetable Medley <u>or Chicken Caesar Salad</u> Cranberry Juice & Danish Ethnic & Father's Day Celebration</p>
<p>23 Stuffed Chicken w/ broccoli & cheese Rice Pilaf Green Beans & red peppers Fresh Fruit</p>	<p>24 Stuffed Shells w/ Marinara Peas & Carrots Peas w/ mandarin oranges</p>	<p>25 Sloppy Joes w/ Bun Mashed Potatoes Mixed Vegetables <u>or Chicken Cobb Salad</u> Applesauce Cup</p>	<p>26 BBQ Chicken Leg Quarter Roasted Potatoes Capri Vegetable Medley Orange Juice Chocolate Chip Cookie</p> 	<p>27 Meatloaf w/ Gravy Seasoned Rice Bean & Carrot Medley <u>or Egg Salad Platter</u> Pineapple Cup</p>
<p>30 Western Omelet Roasted Potatoes Chuck Wagon Medley Apple Juice Oatmeal Cookie</p>	<p>1% milk and whole grain bread are served with each meal. Menu is subject to change without notice.</p>			<p>SALAD CHOICE MEAL Every Wednesday & Friday</p>  <p>Suggested Donation for Salad Meals \$ 4.00</p>



BUS SCHEDULE FROM SPRAGUE TO OCCUM

<u>Points of Departure to Occum</u>	<u>Time</u>		
Shetucket Village	7:45am	9:45am	11:45am
Playground	7:48am	9:48am	11:48am
Brookside & High Street			
TJ's Parking Lot	7:50am	9:50am	11:50am
Arrive Occum- SEAT Connection Site	8:10am	10:10am	12:10am
Red McKeon Park, Hooper St. & Rte. 97			
<u>Points of Departure to Sprague</u>	<u>Time</u>		
Red McKeon Park, Hooper St. & Rte. 97 (stop as needed for return trip)	8:15am	10:15am	12:15pm
Express Return to Senior Center		2:15pm	

Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. *The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit www.seatbus.com. **Winter Weather Schedule:** The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.*

**The Salvation Army
Upper New London County Service Unit
Dennison Allen Town of Sprague Representative**



I want to thank all who have donated to the Salvation Army by donating by check to the Upper New London County Service Unit, PO Box 304, Versailles, CT 06383.

You should know that all the money that has been donated so far has been used to help your neighbors here in Sprague. Spring has sprung, so all should be well; however, many of our neighbors are still having problems. So your help is still needed.

Keep your fuel tanks full, keep food/water and other supplies on hand in case of more bad weather. Do you follow a budget, to know where your money goes every month? Money in and out... what to do with money not needed this month? ...maybe, put it into savings.

If you need food, call Town Hall and speak to Colette. Thanks to "Scouting for Food" there is food to help you. May the Lord bless you this year.



June

2014

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 Inland Wetlands 7 pm, Town Hall Zoning Board of Appeals, 7 pm Town Hall	3 American Legion 7 pm, Rod & Gun Special Town Mtg 7 pm, Senior Center	4 BOE, 7 pm Sayles School Garden Club 6:30 pm Town Hall Knights of Columbus 7pm, Fire House P&Z Comm. 7 pm Town Hall	5	6	7 Breakfast 6:30am-10am Versailles Methodist Church
8	9 Agriculture Comm., 7 pm, Town Hall Conservation Comm. 7 pm, Town Hall	10  Budget Referendum 6 am – 8 pm Baltic Fire House Library Bd. Mtg. 6:30 pm, Grist Mill	11 Board of Selectmen 5:00 pm, Town Hall	12	13	14  Flag Day
15  Happy Father's Day	16	17	18 Water & Sewer Auth., 4 pm, Town Hall	19 Board of Finance 7 pm, Town Hall	20	21 Summer Begins
22	23	24 Historical Society Meeting 6:30 pm, Grist Mill Housing Authority 7 pm Town Hall	25	26 Regional Animal Control Mtg. 10:30 am Bozrah Town Hall Recreation Comm. 7 pm, Town Hall	27 Outside Movie at the River Park Activities – 7:00pm Movie starting at dusk.	28 Ride the Shetucket, 10am, River Park Beer Tasting & Chili Cook-off / Concert at the Sprague Library 5:30pm-9pm
29	30					



Our Town

Your Sprague Newsletter

P.O. Box 677

Baltic, Connecticut 06330

PRSR STD
ECRWSS
U.S. POSTAGE
PAID

*****ECRWSS ****
Local
Postal Customer

Note from the Editor: Elizabeth Calderon

The deadline for Our Town submissions (and corresponding payments for ads) is the **15th of each month**. Submissions will be no more than 200 words and must be e-mailed to **spragueourtownnewsletter@gmail.com**. No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: **Business Card \$21; Double Business Card \$40; Half Page \$70; Full Page \$100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk’s Office at Town Hall.** Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.

