



OUR TOWN

SERVING THE VILLAGES OF BALTIC, HANOVER, AND VERSAILLES

IN THE BEAUTIFUL SHETUCKET RIVER VALLEY

Information & News for July 2015



Free Summer Meals! Comidas de Verano Gratis

Kids and teens 18 and under
Niños y adolescentes de 18 años y menos

Free Summer Meals for kids will be served this summer at:

June 29th-Aug 14 (Mon. -Fri. only)

Grist Mill - (Breakfast) 9:30-10:00

Grist Mill (Lunch) 12:30-1:00

July 6– July 30 (Mon.-Thurs. only)

St. Michaels -(Breakfast) 8:45-9:15

St. Michaels (Lunch) 11:45-12:15

SINKING HOLES FOR CANCER

The Hanover Congregational Church is inviting everyone to join our fight against cancer.

"Sinking Holes For Cancer" is a miniature golf tournament benefiting the Dana-Farber Cancer Institute and The Jimmy Fund. The event will be held at **Odetah Camping Resort on Sunday, August 16th from 3-8 p.m.**

This tournament is open to the public and includes: 18 holes of mini golf, beverage, hotdog or hamburger. Prizes will be awarded to lowest scores. Live entertainment:

"Smart Play"

Tickets are \$10.00 per person.

For more information contact Jen Benson-860-822-9977 or Kendra Schnip-860-608-3820.

Location: Odetah Camping Resort
38 Bozrah Street Extension
Bozrah, CT 06334

Sisters of Charity



Bottle & Can Drive ~ Saturday, July 11th ~ 9am– 12pm

Newsletter Deadline:

There will be no late submissions accepted for the Our Town. **As a reminder, the Our Town deadline is the 15th of every month.** The newsletter will be collated on Saturday, July 25 for the July issue, we will meet at the Town Hall at 10 am. Contact Elizabeth for details. **If interested in volunteering email Elizabeth @ Spragueourtownnewsletter@gmail.com**

From the Desk of the First Selectman

The Town is lovely in the early morning before the hustle and bustle of the day begins. I encourage you to stroll around the reservoir or on the sidewalks in the Baltic Village area. Not only is it nice to be outside walking it is great exercise.

The Town has finished with the reconstruction of Pautipaug Hill Road, 1st, 2nd, 3rd and another piece of River Street. We are planning to reconstruct 2 more roads (both Sunrise and Grandview) and hope to have them out to bid this month.

We are done sweeping the streets and will of course be roadside mowing all summer, including cleaning around guide rail and the centers of roadways. We will be striping the roads and redoing crosswalks and stopbars for your safety.

If you have a few free moments stop by the River Park for either an outside movie (every other Friday) or a concert (every Saturday except July 4th). As always please keep an eye out for children and let them enjoy the outside activities and play safely.

If you are looking for an inside activity the Sprague Library has many summer programs that encourage reading. Please stop by and enjoy an afternoon of an imagination vacation. Take a stroll through the history of our Town and visit the museum; you will be impressed with all that has happened in the quaint, quiet Town.

As always thanks for your support!

Cathy Osten ~ First Selectman

St. Mary's Church 2015 Rummage Sale

Thursday, July 30 5 pm—8 pm \$10 Admission
Friday, July 31 9 am—6 pm Free Admission
Saturday, August 1 9 am—2 pm Free Admission
Friday, August 7 10 am—5 pm Free Admission
Saturday, August 8 9 am—2 pm Free Admission



FREE MULCH AVAILABLE

AT THE TRANSFER STATION

**YOUR BRUSH AND SCCRRA'S TUB
GRINDER WORKING TOGETHER
ALLOW US TO PROVIDE THIS
PRODUCT**

**AVAILABLE DURING REGULAR
HOURS**

HAPPY GARDENING!

**The SCCRRA's tub grinder has
completed grinding the brush it is
ready for your equipment to pick
up fresh mulch.**

Open Positions as of 7/1/2015

Zoning Board of Appeals Two alternate members	Recreation Committee Unlimited numbers allowed
Inland Wetlands One alternate member	Baltic Mills Committee Unlimited numbers allowed
Water & Sewer Two regular members	Conservation Commission One alternate member
Regional Tourism Board One appointment	Eastern Regional Mental Health Board One appointment





Ride the Shetucket River

The Town of Sprague will provide a free shuttle between River Park and Scotland Dam.

There will be **NO** water release scheduled thus we will only provide transport when the river is at a level that will naturally provide for easy travel. Participants can put in any time between 10:00 and 12:00. You can ride the river as many times as time and the water level allows. The ride is 4 miles long and takes approximately 2 hours.

July 25th

August 29th

September 26th

October 10th

Since Ride the Shetucket is dependent on the natural water level, check the Town website prior to the event for any cancellation postings. We will be planning for hikes up along the Shetucket, over the Scotland Dam then back down along the Shetucket on days when the river level is too low to kayak (or tube down). Paddlers need to have PFD's and a distress whistle. www.ctsprague.org
For more information, contact Lou Dzialo 860-822-6043.

SEE YOU THERE

The Sprague RTC is pleased to announce our Caucus for the November election will be held Tuesday, July 21st at 6:30pm in the Senior Center. If you would like to seek the Republican Nomination for any office, please contact Mike Meadows immediately at 860-389-4020. There will be a RTC Town Committee meeting following the Caucus.

Mark your calendars. The RTC has planned its annual Chicken Barbecue for Saturday, July 25th at 4:30pm. Tickets can be purchased from any RTC Committee member.

If you are interested in serving on the RTC Town Committee, please contact Barbara Richardson Crouch.

RTC Town Committee
Barbara Richardson Crouch
860-705-2302



Grace Fellowship Church
OF BALDIC

Sunday
10 a.m.
5 p.m.

Come as you are.
All are welcome.

Jesus said "Come to me, all who are weary and burdened and I will give you rest."

Pastor John Gilmartin
860-208-1027

118 W. Main St
Rt. 207
Beaver Brook Mill
Baldic, CT



OUR TOWN

BUSINESS PAGE:

50¢

TREASURE HUNTER
Lenny Papineau



FREE
Find Lost
Jewelry-Etc.



LAND
and
WATER

20 Years Experience
Phone: 860-822-8446

Collecting Relics & Artifacts
for Future Preservation
and Education

SUPPORT SMALL BUSINESSES IN OUR TOWN (SPRAGUE). MORE BUSINESS ADVERTISING FEATURED THROUGHOUT THIS ISSUE OF THE OUR TOWN. :D

(860) 887-1998
Fax (860) 886-8091

MATTERN CONSTRUCTION INC.
GENERAL CONTRACTING / CONSTRUCTION MANAGEMENT

GEORGE MATTERN
PRESIDENT

26M BUSHNELL HOLLOW RD.
BAL TIC, CT 06330

georgem@matternconstruction.com



**Spitale
Insurance**

p. 860.822.0818 - f. 860.822.1979

www.SpitaleInsurance.com - Erin@SpitaleInsurance.com

107 Rt 32 • Suite 3 • Franklin, CT 06254



Real nutrition. Real Results.
Visit the 24-Day Challenge™
website for details.

FOR MORE INFORMATION PLEASE CONTACT JENNIFER AT:
800-235-7192, JENNYG0722@YAHOO.COM
OR VISIT: WWW.ADVOCARE.COM/150458590

Ads must be pre-purchased at rates of: Business Card \$21; Double Business Card \$40; Half Page \$70; Full Page \$100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk's Office at Town Hall. All payments must be made prior to the submission deadline. All ads must be emailed to the editor by the 15th of the month @

spragueourtownnewsletter@gmail.com

make me over by Design

**ARE YOU LOOKING FOR A NEW LOOK?
READY TO MAKE A CHANGE?
JUST WANT TO TRY SOMETHING NEW?**



2015 MAKEOVER CONTEST UNDERWAY!!

PRIZES, GIVEAWAY, FUN!

**DETAILS COMING SOON... NO NEED TO WAIT...
NO COST TO YOU :D**

**APPOINTMENTS ARE LIMITED & ARE BOOKING
FAST.**

Looking for NEW faces to add to my

Make Me Over by Design

Before and After Portfolio...

Call to make an appointment with

Elizabeth

(860)204-6286

Make up—Skin care

Try new products and try a new look at no cost.

Call for details.

COME PAMPER YOURSELF

Love your skin!!

Come learn basic skin care and make up techniques.

Come alone or with a group of friends for some much needed fun time.

TUESDAYS 6PM

AT:

THE (PINK) BEAUTY BAR
2 CHAPMAN LANE, SUITE 1 C
GALES FERRY, CT 06335

RSVP TO ELIZABETH (860)204-6286, SEATING IS LIMITED.

make me over by Design



Carpentry * Decks/Patios * Gutters * Handyman Services * Kitchens/Baths
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**Home Improvements by Dean
Dean Bardenheuer
203.533.9795**



We are a husband and wife team with tons of experience. WE LOVE WHAT WE DO! Give us a call, you'll be glad you did!

P.O. Box 522 Baltic, CT 06330
HomeImprovebyDean@gmail.com
License# 0635052
Fully Insured

News from Sprague Senior Center

If you are 55 or over looking for social activity, why not join the Sprague Senior Center. We provide lunches, trips and we have a chorus that visits nursing homes to entertain their clients.

We also have Pokeno on Tuesdays, Bingo on the 1st and 3rd Thursdays at 12:30 pm, and movies on the 3rd Monday of the month at 12:20 pm.

There is transportation to Occum where you could get a SEAT bus to go to Norwich or New London, and they pick you up in Occum; check with the Senior Coordinator for schedules.

We also will have Ms. Lynn Bellware, LPN Admissions Case Management from St. Joseph's Living Center in Windham presenting different programs throughout the year. She will be conducting a Bingo on July 22nd from 10:45 am to 11:45 am, and on July 30th she will conduct a program on safety in the home.

The following activities are scheduled for July:

- **July 7th** is a trip to Newport Playhouse for a lobster lunch & a show "Horizons", also a cabaret. There is a cost for this trip; call the coordinator for further information.
- **July 30th** is the monthly meeting at 1:00 pm. All seniors are invited to join us.

All our meetings are held on the last Thursday of the month with the exception of the November meeting, which will be held on November 17 and no meetings in December.

If you are interested in joining the Sprague Senior Center, you may contact Edward (Buddy) Meadows at 860-822-3000, ext. 203. ~Edgar Daigneault



Certified NAPA Auto Care Center

Service your personal and commercial vehicles, all makes and models, both foreign and domestic, including diesel engines. Certified CT Emissions repair technician

Oil changes with safety checks
Brakes
All recommended maintenance
And much more...

Transmission
Check Engine Diagnostics
Certified CT Emissions repair technician

Call 860-213-5914 for your routine maintenance & minor/major repair work. Open M-F 8am-5pm and Saturdays 8am-1pm.

Like us on Facebook and look for our Monthly Specials at <http://www.facebook.com/bozrahaautorepaircenter>

From brakes to exhaust and everything in between, we've got you covered.

David Wigfield, Jr – Owner/Operator
ASE Certified with over 20 years experience

1A Rachel Drive (off of Stockhouse Rd)
Bozrah, CT

SAINTS LAWN

CARE

Mowing, Yard Work,
Brush Cutting,
Spring and Fall Clean Ups



Mike St. Germain

280 High Street, P.O. Box 532,
Baltic, CT 06330
Phone: 860-213-1629

Email:

michaelgermain@sbcglobal.net

RIVER PARK MUSIC NIGHTS



SPONSORED BY THE MOHEGAN SUN

Come Join Us For A Relaxing Night By The
Beautiful Shetucket River for Family Fun

Saturday Nights 6:00pm - 8:30pm

July 4th No music

July 11th Grace Fellowship Church

July 18th The Thread City String Band

July 25th Melaena

August 1st Straight Ahead

August 8th Silver Hammer

August 15th WAITING FOR CONFIRMATION

August 22nd The PoundHounds

August 29th Gypsy TimeSurf

September 5th Stone Creek

September 12th Glenn Hansen Orchestra

September 19th Wine and Cheese with music by WAITING FOR CONFIRMATION

HOPE TO SEE YOU ALL THERE!

S.P.A.R.C.

SPRAGUE PARK & RECREATION COMMITTEE

SUMMER RECREATION PROGRAM

WHEN: Monday, JULY 6- Thursday, JULY 30

MONDAY– THURSDAYS

9AM-2PM (IF EATING BREAKFAST 8:45AM)

WHERE: Saint Michael's Gym

COST: \$80 PER CHILD (TOWN RESIDENTS-FAMILY CAP \$160)

\$100 PER CHILD (NON-RESIDENTS- FAMILY CAP \$200)

SPORTS, GAMES & CRAFTS

AGES — ENROLLED IN K– 8TH FOR UPCOMING SCHOOL YEAR

(MUST BE POTTY TRAINED. NOT YET GRADUATED 8TH GRADE.)

BRING WATER BOTTLES & SNACK (BREAKFAST AND LUNCH WILL BE PROVIDED)

BREAKFAST WILL BE SERVED FROM 8:45-9:15 AM

FOR SAFETY, ALL CHILDREN MUST WEAR SNEAKERS

PUT SUNSCREEN ON YOUR CHILD BEFORE THEY COME AS WE MAY BE OUTDOORS

ALL REGISTRATION FORMS AND PAYMENT MUST BE TURNED IN BY JULY 2, 2015

IF YOUR CHILD NEEDS AN INHALER OR TAKES MEDICINE THEY MUST BRING IT WITH THEM AND BE ABLE TO TAKE IT ON THEIR OWN

REGISTRATION & MEDICAL FORMS AVAILABLE AT TOWN HALL AND ONLINE

*(GRANTS AVAILABLE FOR THOSE IN NEED)

CONTACT ELIZABETH CALDERON (860)204-6286



SPRAGUE PARK & RECREATION COMMITTEE

SUMMER RECREATION PROGRAM

WHEN: MONDAY- THURSDAY

JULY 6 - JULY 30

9AM-2PM

WHERE: St Michael's Center

Child's Name _____ AGE _____

Address _____

Parent's Name(s) _____

Phone Number (Home): _____ (Cell): _____

Email Address _____

Name of Emergency Contact 1: _____

Phone _____ Cell _____

Name of Emergency Contact 2: _____

Phone _____ Cell _____

Medical Information:

Please list any allergies, medical conditions, concerns, and/or medication taken on a regular basis:

Child's Physician: _____ Phone: _____

Medical Insurance Co. _____ Policy Number _____

Camp Info:

My child will be (circle one):

Picked up by: (name) _____ -OR- Will walk home

****Children must be picked up promptly at 2pm.**

*****Any child that is disruptive to the program will be asked to leave.**

Shetucket Village Is Accepting Applications
8 Wall Street – Baltic, CT
Must be 62 years of age and/or Disabled
No Pets Allowed; No Section 8 Housing
If you would like an application sent to you,
please call 860-822-1512



TAIZE WORSHIP
SERVICE
 (Every 1st Sunday of the Month)
SUNDAY, July 5, 2015

6:00 pm

VERSAILLES CHURCH
 4 TAIZE ADVENT WORSHIP SERVICE
 VERSAILLES METHODIST CHURCH
 4 CHURCH STREET
 VERSAILLES, CT
 (ACROSS FROM OCCUM DAM)

Taizé Worship Service (pronounced "teh-ZAY) is a 45 minute long ecumenical meditative candle-lit service that centers around music, prayer, and silence, to quiet the mind, open the heart and feed the soul... time of quiet and solitude in the presence of God. A few words sung over and over again reinforce the meditative quality of prayer. Come join us. All are welcome here. Sit on pews or pillows on floor. Come as you are.



NOTE FROM EDITOR:

I AM LOOKING TO ADD THIS MISCELLANEOUS CATEGORY EVERY MONTH AS A HALF PAGE... ENTRIES LIMITED TO "1 LINE" FOR SALE, FOR SWAP, YARD SALES, HELP WANTED, HELP NEEDED, ETC. DEADLINE IS STILL THE 15TH OF EVERY MONTH.

Email submissions to:
 spragueourtownnews-letter@gmail.com

Miscellaneous:

Free 35" Mitsubishi TV (not flat screen); 2 like-new beanbag chairs for \$10; small up-right freezer, best offer; vinyl siding (taupe, looks like shakes) best offer. Carol [860-822-8412](tel:860-822-8412)

Snare Drum Kit \$75 obo/Clarinet \$200 obo

Living room, couch chair & ottoman. Yellow with blue designs. (very country cottage looking) \$100 OBO

Call (860)204-6286



June 2, 2015 American Legion Post 85 Minutes

At 7:00 PM the CDR opened the meeting. 10 members were present. Minutes of the May 5, 2015 meeting were read, corrected and accepted. The Financial Officer reported that there was \$315.08 in the checking account and \$520.16 in the Memorial Fund.

The CDR commented on how successful the Memorial Day Parade was. Andy Trudelle and Joe Osowski updated the membership for July 12th Poker Run. A new date of September 27th or October 4th is under consideration. A discussion was held and then approved in a vote 9 for and 1 against for putting special bricks around the Fallen Soldier monument recognizing the KIA of Sprague.

The Post recognized the passing of Legionnaire Al Girard. Elections for Officers took place. Cathy Osten CDR., David Sallemma Sr. Vice CDR, Tom Hannon Jr. Vice CDR, Tom Coletti Adjutant and Financial Officer, Andy Trudelle, Sgt. At Arms and Joe Osowski Chaplain.

The annual Flag retirement will be held on July 1, 2015 at the War Memorial Park at 7:00 p.m. The CDR ended the meeting at 8:28 p.m. The next meeting will be held at the Sprague Rod and Gun Club on September 1, 2015 at 7:00 p.m.

Respectfully submitted,
Tom Coletti, Adjutant



OUTSIDE MOVIES

will be held at the
RIVER PARK

MOVIE STARTING @ DUSK

July 10th Princess Bride

July 24th Turbo

August 7th Honey I Shrunk the Kids

August 21st Tangled

September 4th Mrs. Doubtfire

September 18th Shrek

October 2nd Frozen

**PROVIDED BY
THE RECREATION COMMITTEE**

It's That Time of Year, Time For

FAMILY FEST!

July 11 from 1pm-8pm at River Park

GOOD FOOD AND GREAT MUSIC

BOUNCE HOUSE AND CHILDREN'S

ACTIVITIES

BRING A CHAIR, BRING SOME FRIENDS

SPEND THE DAY OR JUST STAY A WHILE

Sponsored By

GRACE FELLOWSHIP CHURCH

118 West Main St. (Beaver Brook Mill)

Baltic, CT

Sprague Democratic Town Committee July Update

Connecticut General Statutes mandates that the Town Committees meet during the week of July 21-28 to endorse candidates for the upcoming November Election. At that meeting the Nominating Sub-committee will present names of candidates they wish the town committee to endorse. Regardless of party affiliation – if you are interested in running for elected office, and would like more information, please email Nominating Committee Chairman Richard Waterman, at h2oman244@sbcglobal.net or call 860-822-8932.

At our May meeting, State Senator and First Selectman, Cathy Osten, reported on a variety of legislation she has worked on and information regarding the State Budget proceedings. As First Selectman, she reviewed information on the Solar Farm and progress on various projects throughout Sprague.

The Sprague DTC continues to encourage residents to register to vote. Registered Democrats interested in serving on Town Boards or joining the DTC should contact me at accpglaude@netscape.net or call 860-822-9111.

Please visit the Sprague DTC website at SpragueDemocrats.org for updated information.

Claire Glaude, DTC Secretary

Tax Collector's Office

The first installment of Real Estate and Personal Property taxes will become due and payable on July 1, 2015. Motor Vehicle tax bills will also become due and payable on July 1, 2015. You will have the entire month of July to pay your taxes. Taxes unpaid as of August 3, 2015 will become delinquent and will be subject to 3% interest, from then on additional interest of 1 ½% per month (18% annually) will be charged. Minimum interest is \$2.00. Please make checks payable to Town of Sprague. You may pay all bills – Real Estate, Personal Property, and Motor Vehicles with one check. If you pay by mail and would like a receipt, please mail entire tax bill and a self-addressed, stamped envelope with your payment. Taxpayers needing an immediate clearance for the registration of a delinquent motor vehicle must pay by cash, money order, or certified check.

If you have any questions regarding your tax bill, you may call the tax collector at 822-3000, ext. 224. Any questions regarding address changes, assessments, exemptions, or your correct tax town should be directed to the Assessor at 822-3000, ext. 222.

Mary B. Chartier, CCMC

Tax Collector

Tax Collector's Hours

Mondays 8:00 am – 12:00 noon

Wednesdays 2:00 pm – 5:30 pm

Thursdays: 8:00 am – 12:00 noon

BALTIC FIRE DEPARTMENT LADIES AUXILIARY

P. O. BOX 591 ~BALTIC, CT 06330-0591

Our meeting was held on Tuesday, June 9, at the firehouse.

Members discussed our annual fund raiser – the Holly Jolly Bazaar. It will be held on Saturday, November 28, at the firehouse. We will again have tables available for rental at a cost of \$25.00 for an 8 foot table which we provide. Letters for this will be going out in mid September. If you are interested and are not already on our mailing list, please call me and leave a message at 860-822-8331. Our next regular meeting is scheduled for Tuesday, September 8, 2015 at the firehouse at 7 p.m. Have a safe and happy summer! Please remember that anyone interested in joining the Auxiliary is welcome. We are always looking for new members and new ideas for fundraising. You need not be a Sprague resident or have a spouse or family member in the Fire Department to join the Auxiliary as a regular member. We have recently added Junior Members – young women between the ages of 16 and 18 who have a parent or guardian in the fire department or auxiliary.

Sincerely,

Jeannette Deschamps

Jeannette Deschamps ~ Secretary

Friends of the Shetucket River Valley

The Friends of the Shetucket River Valley (FoSRV), is currently assisting efforts by the Town of Sprague to acquire ownership of 111 acres of forested upland known as the Robinson Property. This parcel abuts the existing Sprague Land Preserve, which in turn borders the Shetucket River.

The Robinson Property is a mixture of evergreens and deciduous hardwoods, with fern and berry covered hillsides. It complements the existing Preserve, and supplements the ecological value within this region by increasing the size of protected land with the Shetucket River Valley watershed.

The Town of Sprague is currently in the process of submitting an application to the Connecticut Department of Energy and Environmental Protection for an Open Space and Watershed Land Acquisition Grant. The award from this grant is based upon a percentage of the appraised value of the property and will help to defray its \$289,000 purchase price. The remainder of this money must be raised through private contributions and other available funding sources.

Working with the Sprague Conservation Commission, FoSRV will play a major role in helping to raise the money required to complete this acquisition. FoSRV urgently needs your assistance with this critically important effort. Please consider becoming a member and contribute toward reaching our goal. ***No donation is too small.***

YES! I want to be a member of the Friends of the Shetucket River Valley.

***Individual \$25 Family \$45 Mountain Laurel \$100 Hemlock: \$250
White Pine: \$500 Blue Spruce \$1,000 Mike DuBois (our resident beaver) \$10,000***

Name (s): _____

Address: _____

Town, State, Zip _____

Phone Number: _____ Email: _____

Preferred method of contact: _____

Enclosed is my membership dues check for \$ _____.

I am enclosing \$ _____ as a contribution in addition to my membership dues.

I want to help with: ___secretarial work
___research ___soliciting new members
___Other (specify)

The documents from the Informational Hearing on the

Solar Project by Helio Sage

are located on the Town’s website.

Friends of the Shetucket River Valley

As more information becomes available we will provide it for you.

Reminder Dog Licenses Past Due



- ✓ A license is a lost dog's ticket home.
- ✓ All dogs **must** have a current rabies vaccination.
- ✓ Licensing provides vaccination and sterilization benefits for pets.
- ✓ All dogs over six months **must** be licensed.
- ✓ All dogs **must** be licensed by June 30th of each year. A one dollar **fee will** be charged for each month late.



THANK YOU!

On behalf of the members of American Legion Post 85, the Baltic Fire Department, the Town of Sprague and all Veterans from around the globe, we would like to thank all those who participated in this year's Memorial Day Parade.

We were very grateful to have had Al Girard as our Grand Marshall this year.

Many of you may know he passed away on May 27, 2015.

Our thoughts and prayers are with his family.



CONGRATULATIONS MADISON!!

Madison Spitalé-Hansen, of Baltic- an 11th grader at Three Rivers Middle College has been nominated to attend the Congress of Future Medical Leaders in Boston, MA June 24-26. The honors-only program is for 2,000 high school students throughout the USA who want to become physicians or go into medical research fields. There are exclusive requirements in order to be considered for this program. Madison earned 36 college credits this year as an 11th grader and is striving to earn her Associate Degree by May '16- one month before she would earn her high school diploma. To assure she can meet her goal of earning her college degree while still in high school, she has opted to take classes all year long- including a full college course load over the summer. As if her educational demands weren't ambitious enough- Spitalé-Hansen has held the same part-time job at Dairy Queen in Norwich, for over a year now. She maintains on high honors for her high school courses she takes with TRMC and also made Dean's List for her college classes that she takes through Three Rivers Community College. Madison was crowned this year's Junior prom Princess and was also selected to become a member of the National Honors Society. Madison is optimistic about her future in the medical field and is currently considering neuroscience as her career path. She is looking forward to the conference and all the networking opportunities that await her.

Participants will have access to information about medical and scientific breakthroughs like 3-D printing of body parts, nanotechnology, regenerative medicine and stem-cell research. Students also will meet with Nobel Prize winners, award-winning inventors, deans of top medical schools and leaders in the field of medicine. They will also have a chance to meet and patients who are "living medical miracles" and explore cutting edge advances that are being made in the field of medicine. The Congress states the purpose of the Conference is to honor, inspire, motivate and direct the country's top students to pursue their dreams and assist with providing a path and the necessary resources to reach their medical career goals.

Submitted by Erin Spitalé, mother of Madison (860) 822-0818

Branching Out.....

Notes from the Tree Warden

It's great to finally have some normal rainfall after one of the driest months of May ever.

Unfortunately, the 200 pine seedlings for the Reservoir arrived at the beginning of May and I had to get them in the ground as soon as possible. I managed to get 170 of the seedlings planted (thanks to Dick Waterman for the help) but had to water them several times before the rains started keeping everything wet. It looks like all of the seedlings have survived so far. Most of the seedlings and balled pines planted last year and the year before have done well also. These are all on the North side of the reservoir if you go for a walk around. The only area left to replant with seedlings is the south end of the reservoir between the dams.

Several folks have asked me if pine trees that appear to be dying are the result of the Southern Pine Beetle (SPB). The SPB is in Connecticut now, probably migrating from Long Island. Although the beetle can attack pines, especially white pines, in sufficient numbers to "overwhelm" a tree's defensive measures and kill the tree in a short time, these occurrences are rare. Infestation of SPB can be determined by white ball-like growths all over the trunk of the tree. I have not seen evidence of the beetle in town yet. There IS evidence that the severe cold winter has had a detrimental impact on many trees in town. Many trees have not fully "leafed out" or are very late getting all their leaves. I have numerous trees in my yard, including all of my dogwoods that have not produced leaves at the crowns and other trees that have totally bare limbs. The dry Spring probably added to the winter stress.

Finally, I need to remind many folks again about the State statute that prohibits the posting of signs of any kind to public trees and power and light poles. I choose to enforce this statute in an effort to keep Sprague a pleasant place to drive through and live in. If you are having a yard/tag/garage sale, please put signs on metal frames or on sticks and remember to collect them after your event to help keep our town from being an eyesore. Again, "thank you" to everyone who actually read the "Our Town" and comply with the statute.

Dave Gustafson

Sprague Tree Warden



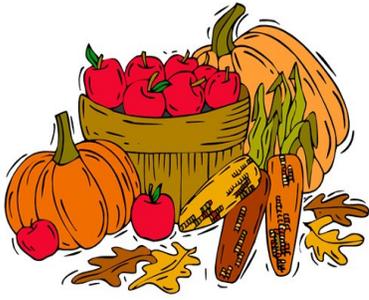
Three Villages Fall Festival

Saturday, October 3, 2015

(Rain Date Sunday, October 4th)

11am to 5pm

Craft and Vendor Application



The Three Villages Fall Festival is held annually on the first Saturday of October at the Babe Blanchette Park on Main Street in Baltic, CT. Our committee is striving to grow this event into a highly anticipated and well attended activity for our community. In doing so, we have added many new attractions and events that draw attendees not only from Sprague, but surrounding communities as well. Our committee is inviting local artisans and vendors to display at our festival free of charge! We will request a \$20 deposit to secure commitment to our event. The deposit will be fully refundable at the close of the event provided that the vendor arrives on time and stays for the duration. An approved application entitles the artisan/vendor to a 10X10 space. Each applicant is responsible for bringing their own tents, chairs and tables. If electricity is needed please specify in this application. A \$10 fee will be applied and you must supply your own power cords. Space is limited so please submit your application as soon as possible. If you have any questions, please contact Heather Hawkins at 860-514-0589 or Craig Staggs at 860-710-5063.

(Please Print)

Name: _____

Phone: _____

Address: _____

Email: _____

Type of Craft or Product:

Electricity Needed? YES or NO

If yes, please submit the \$10 Fee with your application and deposit.

Once the application has been approved a confirmation will be sent and the Artisan/Vendor agrees to display for the event's entirety. Set up begins as early as 9am, but all vehicles must be moved no later than 10am. In the event of inclement weather, the Three Villages Fall Festival will be scheduled for Sunday, October 4th.

Signature of Artisan/Vendor _____

LIBRARY NEWS!!

**JOIN US AGAIN THIS YEAR FOR THE CONNECTICUT AUTHOR TRAIL!
SPRAGUE'S AUTHOR THIS SUMMER IS SHARON CORMIER FROM
TORRINGTON CT. SHARON WROTE "WHERE THE LOTUS BLOOMS".**

**Join us in the community room second floor of the Grist Mill on
Thursday July 16th at 6:30**

Sharon K. Cormier is the author of two books: *Where The Lotus Blooms: Finding Inner Peace Through Mindfulness, Yoga and Meditation* and her second book, co-authored with Barbara Harris Whitfield, *AFGEs: A Guide to Self-Awareness and Change*.

Sharon has been practicing and studying Buddhism and yoga for over thirty years. She is a certified yoga therapist, meditation instructor and workshop leader. She is also on the faculty of Sacred Rivers Yoga Center where she trains new teachers in the philosophy and practice of yoga. She is the creator of an inclusive form of yoga called Comfort Yoga that is an integration of yin yoga, hatha yoga, Buddhist mindfulness and healing Qigong. She also leads workshops on Loving-Kindness Meditation, a form of meditation that invites us to create a path of loving-kindness in our lives enriching us with natural joy, compassion and inner peace.

Sharon was also a spokesperson for the International Association for Near Death Studies, appearing on many television programs including The Joan Rivers Show and Larry King Live as well as participating in documentaries on NDE's with the Canadian Broadcasting Company and the Netherlands Broadcasting Co. She is currently working on her third book.

Sharon will lead the audience in breathing exercises and seated yoga moves. Please join us in welcoming Sharon Cormier. The evening is free and refreshments will be served. Thursday July 16th at 6:30!

Join us at the library for summer reading! It is never too late to join in on a fun summer of reading. Call the library or stop in for information 860-822-3012.



The Beer Tasting and Chili Cook-off will be held on Saturday August 15th from 5:30 – 8:00PM at the Sprague River Park. There will be music, homebrewed beer, and chili. There will also be hot dogs and popcorn for \$1.00. Soft drinks will also be available.

Please stop in or call the library 860-822-3012 if you would like to enter your beer or chili. The deadline to enter is August 1st.

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TVCCA's Senior Nutrition Program is supported by Senior Resources-Area Agency on Aging with Title III funds made available under the Older Americans Act. This menu meets 1/3 RDA and conforms to U.S. Dietary Guidelines. Certified by Lindsay D'Amato, MPH, RD.

TVCCA SENIOR CAFE JULY 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1% milk and whole grain bread are served with each meal. Menu is subject to change with out notice</p>  <p>**STAY HYDRATED DRINK PLENTY OF WATER</p> <p>Mouin Crisito Ham, Turkey Sausage, American Cheese & French Toast Capri Vegetable Medley Pears w/ mandarin oranges</p> <p>6</p>	<p>SALAD CHOICE MEAL Every Wednesday & Friday Suggested Donation for Salad Meals \$ 4.00</p>  <p>Salisbury Steak Buttered Noodles Broccoli & Carrots Fresh Fruit</p> <p>7</p>	<p>Manicotti w/ Marinara Garlic Bread Peas & Carrots Fresh Orange or Tuna Salad Platter</p> <p>1</p>	<p>Mexican Baked Cod w/ Corn Salsa Mashed Potatoes Capri Vegetable Medley Applesauce Cup</p> <p>Ethnic Celebration 2</p>	<p><i>Independence Day Celebration</i></p>  <p>Senior Nutrition Program Closed 3</p>
<p>Swedish Meatballs Buttered Noodles Sliced Carrots Fresh Orange</p> <p>13</p>	<p>Pornugese Chicken Seasoned Rice & Black Beans Chuck Wagon Vegetables Cupcake Grape Juice</p> <p>Birthday Celebration 14</p>	<p>Stuffed Pepper Casserole Roasted Potatoes Green Beans Cranberry Juice Sugar Cookie or Ham Salad Platter</p> <p>8</p>	<p>Eggplant Rolette Penne w/ Marinara Italian Vegetable Medley Pineapple Cup</p> <p>9</p>	<p><u>New: BBQ Pulled Pork w/ Bun</u> Baked Beans Coleslaw Fruit Cocktail or Turkey Cobb Salad 10</p>
<p>Stuffed Shells w/ Marinara Peas & Wax Beans Grape Juice Oatmeal Cookie</p> <p>20</p>	<p>Baked Cod Italiano Cumin & Garlic Rubbed Potatoes Capri Vegetable Medley Fruit Cocktail</p> <p>21</p>	<p>Meatloaf With Gravy Mashed Potatoes Mixed Vegetables Pineapple Cup or Greek Salad 22</p>	<p><u>New: Tuscan Baked Chicken</u> Seasoned Rice Italian Vegetable Medley Applesauce Cup</p> <p>23</p>	<p>Baked Ziti w/ ground beef Broccoli & Carrots Fresh Fruit or Ham Salad Platter 24</p>
<p>Sloppy Joes w/ Bun Rice Pilaf Chuck Wagon Vegetable Medley Fruit Cocktail</p> <p>27</p>	<p>Chicken Supreme Roasted Potatoes Long Bean Medley Peach Cup</p> <p>28</p>	<p>Meatball Grinder w/ 6" sub roll & Mozzarella Cheese Italian Vegetable Medley Applesauce Cup or Turkey Cobb Salad 29</p>	<p><u>New: Apple Cider Braized Pork Loin</u> Mashed Sweet Potatoes Mixed Vegetables, Fresh Orange</p>  <p>30</p>	<p>Crispy Baked Chicken Macaroni & Cheese Stewed Tomatoes Cranberry Juice Danish or Chicken Caesar Salad 31</p>





BUS SCHEDULE FROM SPRAGUE TO OCCUM

<u>Points of Departure to Occum</u>	<u>Time</u>		
Shetucket Village	7:45am	9:45am	11:45am
Playground	7:48am	9:48am	11:48am
Brookside & High Street			
TJ's Parking Lot	7:50am	9:50am	11:50am
Arrive Occum- SEAT Connection Site	8:10am	10:10am	12:10am
Red McKeon Park, Hooper St. & Rte. 97			

<u>Points of Departure to Sprague</u>	<u>Time</u>		
Red McKeon Park, Hooper St. & Rte. 97 (stop as needed for return trip)	8:15am	10:15am	12:15pm
Express Return to Senior Center		2:15pm	

Times are approximate and may vary several minutes earlier or later. Service runs Monday through Thursday except for holidays. For more information call Buddy Meadows, Sprague Senior Center Coordinator at 860-822-3000 ext. 203. *The Sprague to Occum Bus is a courtesy of the Town of Sprague and the Sprague Senior Center. For seat schedule visit www.seatbus.com. **Winter Weather Schedule:** The bus will follow the school closure schedule during the winter. Watch early morning television on Channel 3, 8 or 30 for closures.*

**The Salvation Army
Upper New London County Service Unit
Dennison Allen Town of Sprague Representative**



I want to thank all who have donated to the Salvation Army by donated checks to the Upper New London County Service Unit and sending them to 34 Riverside Dr. Baltic, CT 06330 during the past year. Any little you can spare helps people who still have needs. Do you follow a budget? Money in money out and what to do with any money not needed this month? Maybe put in a saving account. By the way have you sat down with your family and talked about where to go if you need to leave your home, so all can be accounted for? Do you have 24 hour kit ready if you need it? Please remember there can still be some bad storms. If you need food call Town Hall and speak to Colette, thanks to Scouting for food there is food to help you. May the Lord bless you with all the things you ask for and are needed for you and your family. Thank you for all of your help.



July

2015

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 Knights of Columbus, 7pm Fire House P&Z Comm. 7 pm Town Hall	2	3	4  Independence Day
5	6 Inland Wetlands 7 pm, Town Hall Zoning Board of Appeals, 7 pm Town Hall	7 Economic Development Comm., 7 pm Town Hall	8 Board of Selectmen 5:00 pm, Town Hall	9	10 Outside Movie "Princess Bride" 7 pm, River Park	11 River Park Music, Grace Fellowship Church 6 pm – 8:30 pm
12	13 Conservation Comm. Mtg., 7 pm, Town Hall	14 Commission on Aging, 2 pm Town Hall Library Bd. Mtg., 6:30 pm, Grist Mill	15 Water & Sewer Authority, 4 pm Town Hall	16 Board of Finance 7 pm, Town Hall	17	18 River Park Music, The Thread City String Band 6 pm – 8:30 pm
19	20	21	22	23 Regional Animal Control Mtg. 10:30 am Sprague Town Hall Recreation Comm. 7 pm, Town Hall	24 Outside Movie "Turbo" 7 pm, River Park	25 Ride the Shetucket, 10am River Park Our Town Collating, 10am Town Hall River Park Music, Melaena 6 pm – 8:30 pm
26	27	28	29	30 Senior Center Mtg 1 pm, Senior Ctr Rummage Sale St. Mary's Church \$10.00 admission 5 pm – 8 pm	31 Rummage Sale St. Mary's Church Free Admission 9 am – 6 pm	



Our Town

Your Sprague Newsletter

P.O. Box 677

Baltic, Connecticut 06330

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Note from the Editor: Elizabeth Calderon

The deadline for Our Town submissions (and corresponding payments for ads) is the **15th of each month**. Submissions will be no more than 200 words and must be e-mailed to **spragueourtownnewsletter@gmail.com**. No series will be accepted. Longer articles may be submitted and used based on room at the Editor’s discretion. The focus of Our Town is community events, articles, commission notes and other items of town-wide interest. Annual budget considerations may affect page appropriations. Ads have no restriction on word limit and must be pre-purchased at rates of: **Business Card \$21; Double Business Card \$40; Half Page \$70; Full Page \$100. Purchase 11 months and receive the 12th month free. All payments for ads are made in the Town Clerk’s Office at Town Hall.** Sprague~ Our Town is a free monthly publication of the Town of Sprague, serving the communities of Baltic, Hanover & Versailles. Primarily funded by the Town, support is also provided by paid advertisements. Opinions expressed in Sprague~ Our Town are not necessarily those of town officials or the community at large, but solely reflect those of the writer. Submissions may be edited for clarity and formatted as necessary. Libelous or obscene materials are not permitted.

